

# ***CANSKATE***

# ***FUNMEET***

HOSTED BY

# **Viking Skating Club**



January 19, 2020

VIKING CARENA

**SKATE CANADA: SANCTION 1031**

## **EVENT CHAIRPERSON**

Name: Sherry Fornal  
Email: vikingsk8club@gmail.com

### 1. **ARENA DETAILS**

Name: Viking Carena Complex  
Address: 5120-45 Street, Viking, Alberta  
  
Phone Number: 780.336.0161

### 2. **ENTRIES:**

Entrants in Events shall be:

- a) Eligible persons as defined in Skate Canada Rule Book Section 2100
- b) Be Associate members in good standing of the Association.

Registration forms **must be completed in Full** or they may not be processed.

The Viking Skating Club reserves the right to limit the number of skaters/entries.

### 3. **CATEGORIES:**

The following Categories are to be held:

- Pre CanSkate
- CanSkate Stage 1 Elements
- CanSkate Stage 2 Elements
- CanSkate Stage 3 Elements
- CanSkate Stage 4 Elements
- CanSkate Stage 5 Elements
- CanSkate Stage 6 Elements
- Spin Spiral Jump Stage 5
- Spin Spiral Jump Stage 6
- Team Element Event

### 4. **ENTRY FORMS:**

First Event is \$30.00  
Additional Event is \$15.00  
Team Event is \$20.00 per team

Cheques or money orders should be made payable to:

**VIKING SKATING CLUB - Canskate Fun Meet**  
**Box 928, Viking, AB, T0B 4N0**

*CHEQUES POSTDATED AFTER THE CLOSE OF ENTRIES WILL BE RETURNED AND REGISTRATION WILL NOT BE PROCESSED*  
**THERE WILL BE A \$25.00 CHARGE FOR ANY NSF CHEQUES RECEIVED**

### 5. **CLOSING DATE OF ENTRIES:**

All entries must be received by no later than January 2, 2020. Skating times will be emailed to the club contact indicated on the Entry Form. (1 contact person per club please)

One Registration Form is required for each event entered. Skaters may skate up a level.

### 6. **ACCIDENTS:**

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Events, all skaters and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the events. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

### 7. **REFUND OF ENTRY FEES:**

Entry fees shall be refunded only if the event is not held or if the entry is withdrawn before the date of close of entries (**Skate Canada Rule 7000-1.5(2)**).

### 8. **REGISTRATION:**

Skaters must be in their assigned dressing rooms 30 minutes before their event. Please check in at the registration desk a minimum of an hour prior to the start of your event.

Each event will warm up on the ¼ of the ice surface on which they will be evaluated and then clear the ice until it is their turn to perform. (Warm up time is 3 minutes)

The Fun Meet will tentatively take place between the hours of 10:00 am – 4:00 pm. Everyone goes home a winner!

9. **CANCELLATION OF EVENTS:**

The host club reserves the right to cancel events. The Viking Skating Club reserves the right to limit the number of registrations due to time.

10. **AWARDS:**

It is the responsibility of ALL skaters receiving a medal to wear their skates and skating attire for the medal presentation. Awards will be ongoing all day long. Everyone goes home a winner!

11. **PICTURES & VIDEOS:** Persons wishing to take photographs of on ice performances are reminded that use of flash cameras is forbidden. The use of video cameras must be restricted to areas that do not hamper the skaters.

NOTE: You may only take pictures or videos of your own skater. No parents will be allowed in the player's box area.

**Canskate Categories- Technical Information**

Each skater will complete each of his/her elements before the next skater begins. Elements will be done in circuits from stages 1-4 and one at a time (not in a routine) for stages 5-6.

Note: Skills are integrated; if a skater has passed Stage 1 they would enter Stage 2.

**Pre-Canskate:**

- Fall down/stand up
- Move forward
- 2 ft jump
- Move backward

**Stage 1:**

- Snow slide steps
- Fwd push/glide sequence
- 2-ft jump
- Bwd 2-ft skating/walking

**Stage 2:**

- Fwd stop
- Fwd 2-ft sculling
- Fwd 2-ft turn (CW or CCW - skater's choice)
- Bwd 2-ft sit glide

**Stage 3:**

- Fwd circle thrusts (CW or CCW - skater's choice)
- Bwd 2-ft jump
- 2-ft quick turn fwd to bwd and bwd to fwd\* (CW or CCW - skater's choice)
- Bwd 2-ft sculling

**Stage 4:**

- Bwd circle thrusts (CW or CCW - skater's choice)
- Bwd 360° step turn (CW or CCW - skater's choice)
- 2-ft jump fwd to bwd and bwd to fwd\* (CW or CCW - skater's choice)
- Fwd inside slalom

**Stage 5:**

- Fwd 2-ft side stop (CW or CCW - skater's choice)
- Bwd push/glide sequence, full perimeter (CW or CCW - skater's choice)
- Fwd power jump
- Fwd crosscuts - figure-8

**Stage 6:**

- Fwd 1-ft side stop (L or R - skater's choice)
- Bwd perimeter skating with crosscuts (CW or CCW - determined by draw)

- Fwd 180° step turn (mohawk) (RFI-LBI or LFI-RBI - skater's choice)
- Fwd outside edges

### **SPIN SPIRAL JUMP REQUIREMENTS**

This is a one minute program to be skated on ½ of the ice surface. Program must include ONLY 1 spin, ONLY 1 spiral and ONLY 1 jump (in any order). A beginning and ending pose as well as connecting steps may be included. NO MUSIC. Skaters must be working on CanSkate Stage 5 or 6.

Must include:     Any forward upright spin  
                           Waltz jump or Toe loop  
                           One foot spiral (skater's choice)

### **TEAM ELEMENT EVENT**

Each team will consist of 3 or 4 skaters. Skaters will complete skills together from his/her team stage. Skills will be chosen from the above stages. Skills will be done together by each team. Coaches may assist as their skaters, as there will not be use of circuits for this event. Skaters may skate up a stage.

#### **CanSkate Team A (Stage 1/2)**

- Snow Slide Steps
- Forward 2 ft Jump
- Forward 2 ft Sculling
- 2 ft glide

#### **CanSkate Team B (Stage 3/4)**

- Forward Circle Thrusts
- Backward 2 ft Sculling
- Backward Circle Thrusts
- Forward Inside Slalom

#### **CanSkate Team C (Stage 5/6)**

- Two-foot side stop
- Forward Figure 8 Crosscuts
- Forward 1ft Side Stop
- Forward Outside Edge



# Viking Skating Club

Box 928, Viking, Alberta, T0B 4N0 \* [vikingsk8club@gmail.com](mailto:vikingsk8club@gmail.com)

**Sunday January 19, 2020**



REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED!

## CANSKATE FUNMEET ELEMENTS REGISTRATION FORM

<b>Competitor's Name</b>	<b>Gender</b> (please circle) MALE      FEMALE
<b>Skate Canada Number</b>	<b>Home Address</b> (please include city and postal code)
<b>Date of Birth</b> (day/month/year)	<b>Home Number</b>
<b>Last CanSkate Badge Passed</b>	<b>Home Email Address</b>
<b>Healthcare Number</b>	<b>Emergency Contact &amp; Phone Number</b>

<b>Home Club</b>	
<b>Club Email</b>	<b>Club Contact Person</b>
<b>Name of Coach</b>	<b>Club Phone Number</b>
<b>Coach's Signature</b> <small>This signature verifies that the skater is entering the correct event as permitted by test levels.</small>	<b>Home Club Officer's Signature</b> <small>This signature verifies that the skater is a member in good standing and test levels are as stated.</small>
<b>CanSkate Elements Category</b>	

**NOTE: Competitors entering more than one Category must complete an entry form for Each Category**

**RETURN FORM TO:**            **VIKING SKATING CLUB**  
   **PO Box 928, Viking, AB, T0B 4N0**

**BY:**                                **JANUARY 2, 2020**

**ENTRY FEES:**                **First Event \$30.00/Additional Event \$15.00**

**CHEQUES PAYABLE TO:**    **Viking Skating Club**

### PARTICIPANT'S RELEASE

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, and falls, collisions with other participants and / or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

#### FOIP/PHOTO RELEASE

The Viking Skating Club, VCS is required to follow the provisions of The Freedom of Information and Protection of Privacy (FOIP) Act. Under these provisions, VCS is only permitted to publish information about participants (skaters, coaches and volunteers) with written consent. If the participant is under 18 years of age, the parent or guardian of the participant must sign on the minor's behalf. Publication includes releasing the participant's name or image as related to competition results and inclusion in programs, posters, advertisements, the VSC website, etc.

<b>Participant Name</b>	<b>Participant Signature</b>
<b>Date</b>	<b>Parent/Guardian Signature</b> (if participant is under 18 years of age)



# Viking Skating Club

Box 928, Viking, Alberta, T0B 4N0 \* [vikingsk8club@gmail.com](mailto:vikingsk8club@gmail.com)

**Sunday January 19, 2020**



REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED!

## CANSKATE FUNMEET SPIN SPIRAL JUMP REGISTRATION FORM

Competitor's Name	Gender (please circle) MALE      FEMALE
Skate Canada Number	Home Address (please include city and postal code)
Date of Birth (day/month/year)	Home Number
Last CanSkate Badge Passed	Home Email Address
Healthcare Number	Emergency Contact & Phone Number

Home Club	
Club Email	Club Contact Person
Name of Coach	Club Phone Number
Coach's Signature <small>This signature verifies that the skater is entering the correct event as permitted by test levels.</small>	Home Club Officer's Signature <small>This signature verifies that the skater is a member in good standing and test levels are as stated.</small>
CanSkate Spin Spiral Jump Stage	

**NOTE: Competitors entering more than one Category must complete an entry form for Each Category**

**RETURN FORM TO:**            **VIKING SKATING CLUB**  
**PO Box 928, Viking, AB, T0B 4N0**

**BY:**                                **JANUARY 2, 2020**

**ENTRY FEES:**                **First Event \$30.00/Additional Event \$15.00**

**CHEQUES PAYABLE TO:**    **Viking Skating Club**

### PARTICIPANT'S RELEASE

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, and falls, collisions with other participants and / or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

### FOIP/PHOTO RELEASE

The Viking Skating Club, VCS is required to follow the provisions of The Freedom of Information and Protection of Privacy (FOIP) Act. Under these provisions, VCS is only permitted to publish information about participants (skaters, coaches and volunteers) with written consent. If the participant is under 18 years of age, the parent or guardian of the participant must sign on the minor's behalf. Publication includes releasing the participant's name or image as related to competition results and inclusion in programs, posters, advertisements, the VSC website, etc.

Participant Name	Participant Signature
Date	Parent/Guardian Signature (if participant is under 18 years of age)



# Viking Skating Club

Box 928, Viking, Alberta, T0B 4N0 \* [vikingsk8club@gmail.com](mailto:vikingsk8club@gmail.com)  
**Sunday January 19, 2020**



REGISTRATION FORMS NOT COMPLETED IN FULL WILL BE RETURNED UNPROCESSED  
**CANSKATE FUNMEET TEAM ELEMENT REGISTRATION FORM**

<b>Team Name</b>			
<b>(1) Team Member</b>	<b>Stage</b>	<b>(2) Team Member</b>	<b>Stage</b>
<b>(3) Team Member</b>	<b>Stage</b>	<b>(4) Team Member</b>	<b>Stage</b>
<b>Team Event Sage Entering</b>			
<b>Home Club</b>			
<b>Club Email</b>		<b>Club Contact Person</b>	
<b>Name of Coach</b>		<b>Club Phone Number</b>	
<b>Coach's Signature</b> <small>This signature verifies that the skater is entering the correct event as permitted by test levels.</small>		<b>Home Club Officer's Signature</b> <small>This signature verifies that the skater is a member in good standing and test levels are as stated.</small>	

**NOTE: Competitors entering more than one Category must complete an entry form for Each Category**

**RETURN FORM TO:** VIKING SKATING CLUB  
 PO Box 928, Viking, AB, T0B 4N0

**BY:** JANUARY 2, 2020

**ENTRY FEES:** First Event \$30.00/Additional Event \$15.00

**CHEQUES PAYABLE TO:** Viking Skating Club

**PARTICIPANT'S RELEASE**

By my participation in this event, I consent to the known and foreseeable physical risks inherent in the sport of figure skating. These risks include, but are not limited to: travel to and from the arena, ice conditions, equipment failure, and falls, collisions with other participants and / or instructors, and facility conditions. In assuming these risks, I, the undersigned, forever release, for myself, my heirs, and any person acting on my behalf, the Host club and Skate Canada: Alberta-NWT/Nunavut, and its directors, employees, volunteers, coaches, officials, instructors, independent contractors, agents and sponsors, from any claim arising from any illness or injury to my person as a result of my participation in this activity.

**FOIP/PHOTO RELEASE**

The Viking Skating Club, VCS is required to follow the provisions of The Freedom of Information and Protection of Privacy (FOIP) Act. Under these provisions, VSC is only permitted to publish information about participants (skaters, coaches and volunteers) with written consent. If the participant is under 18 years of age, the parent or guardian of the participant must sign on the minor's behalf. Publication includes releasing the participant's name or image as related to competition results and inclusion in programs, posters, advertisements, the VSC website, etc.

<b>Participant Name</b>	<b>Parent/Guardian Signature (if participant is under 18 years of age)</b>
<b>Participant Name</b>	<b>Parent/Guardian Signature (if participant is under 18 years of age)</b>
<b>Participant Name</b>	<b>Parent/Guardian Signature (if participant is under 18 years of age)</b>
<b>Participant Name</b>	<b>Parent/Guardian Signature (if participant is under 18 years of age)</b>