



Carena Complex

Fitness Membership Application

Name:		Date of Birth:	
Address:			
Town/City:		Postal Code:	
Home Phone:	Cell Phone:	Work Phone:	
Email Address:			
New Membership: YES ____ NO ____		Existing Membership: YES ____ NO ____	
*Please check the membership you wish to purchase (prices include GST)			
	1 Month	6 Month	12 Month
Adult	\$50.00	\$255.00	\$420.00
Family add on each member	\$35.00	\$180.00	\$300.00
RCMP/EMS/NURSING	\$40.00	\$200.00	\$335.00
Walking Track Pass	-	-	\$100.00
Card Number Issued: _____		Total Price: \$ _____	
Date Purchased: _____			
Card Expiry Date: _____			
Payment Method: Cash ____ Cheque ____ Debit ____ Other ____			
I have read, understood, and agree to the terms and conditions outlined in the Membership Terms and Conditions on the reverse side of this contract.			
Member Signature:		Date:	Issued By:

Membership Terms & Conditions

- 1) The membership access card remains the property of the Viking Carena Complex and must be surrendered upon request. Membership cards must be returned to the Viking Carena Complex at the expiration of your membership.
- 2) A \$15 fee will be applied in the event an access card is lost, damaged, or needs to be replaced.
- 3) The Viking Carena Complex WILL NOT be held responsible for any accidents or incidents which may occur within the facility unless caused by lack of due diligence by Carena Staff or structural damage.
- 4) The Membership Holder assumes responsibility for any damage to the facility caused by the Membership Holder and anyone else who uses their access card to enter the Facility regardless of the circumstances. The Membership Holder also indemnifies the Viking Carena Complex and the Town of Viking from any action, or claims for loss, injury or damages incurred in the Carena or on the grounds surrounding the Carena. The Membership Holder must report any lost or stolen entry cards immediately to avoid responsibility for any damages caused by false use of access card.
- 5) The Membership Holder is responsible to follow all rules and regulation outlined in this Membership Package and Contract. Any Membership Holders found to have disobeyed any rules outlined in this package or posted within the facility may have their Membership suspended or revoked.
- 6) The member(s) agree to attend an orientation session prior to using any fitness centre equipment. Should the member(s) choose to use any equipment prior to the orientation session, they relinquish any liability of the Viking Carena Corporation for any loss, injury or damages caused by misuse or improper operation.

Member Guidelines

The locker rooms at the Viking Carena Complex are for Members only. Members are responsible for bringing their own lock for the lockers. Any lock found left on a locker when Member is not using the facility will be removed. Contents of that locker will be held for one month. Any person or persons found to be using the locker rooms in an inappropriate manner will be asked to leave the facility and may have their Memberships suspended or revoked.

The Viking Carena Complex asks that all Facility Membership Holders leave the Fitness Centre and Walking Track in a neat and tidy condition. Please do not leave garbage, soiled clothing and towels, or any other personal effect at the Viking Carena Complex.

No food is permitted in the fitness centre at any time. The Viking Carena Complex allows only water, juice and sports drinks in sipper bottles to be brought into the Fitness Centre.

The Bench Press and Squat Rack are not to be used alone. Please follow all rules listed on the machines. Do not use machines if you have been instructed otherwise by a health professional. Please do not use machines alone if you have a pre-existing condition that will affect your ability to use the machine properly. Children under the age of 12 ARE NOT PERMITTED within the Fitness Centre unsupervised and may not use any of the equipment at any time. Children between the ages of 15-18 may not use the equipment unsupervised between the hours of 5am - 8 am and 8pm – 11pm

Absolutely no outside footwear inside Apple Fitness Center or locker rooms

The Viking Carena Complex strives to meet the needs of its members. If you have any questions, comments or suggestions please contact the Facility Administrator at Town of Viking 780 336-3466.

I have read, understood, and agree to the terms and conditions outlined in the Membership Terms and Conditions on the reverse side of this contract.

Member Signature _____ Date _____